

FUNCTIONSMART PHYSICAL THERAPY

DIRECTIONS TO OUR SORRENTO VALLEY LOCATION

5230 CARROLL CANYON ROAD SUITE 118

SAN DIEGO, CA 92121

We are located in Sorrento Mesa Office Plaza at the intersection of Carroll Canyon Road and Youngstown Way. The building is a dark reddish brown and may look like apartments as there are balconies and carports. Suite 118 is inside at the northeast corner (the side closest to the WestPac building):



Parking is free; you can park in any covered or uncovered spot or along Youngstown Way. Enter the building by following the blue striped paths to the glass doors. If you enter through entrance 1 as labeled above (you'll see the building directory on the wall), we are just to the left. If you enter through entrance 2 as labeled above, we are straight ahead.